



Ditesheim

COSMETIC SURGERY

Beyond the Before & After

Thank you for visiting with us today. Our desire is to make the time you spend with us productive and informative. We believe that a successful experience begins with our understanding your expectations. Our goal is to ensure that your entire experience is the best, from your pre-operative teaching through your recovery, to your desired results. As a team, we believe that a success in cosmetic surgery is when you can say that you feel different about yourself.

Your Name: _____

To help us understand your expectations please provide answers to the following questions:

1. Why have you decided to have cosmetic surgery at this time in your life?

Financially I can do it now

Finished my family

Feel I am getting older

Big occasion (reunion or anniversary)

Reaching a big birthday

I am on my own (divorced or separated)

Other: _____

2. How long have you thought about making a change?

Years

Last few months

Other: _____

3. What is your frustration (with your body or face)?

I look older than I feel

Body not proportional

I don't feel attractive

Other: _____

4. Have you had any other procedures or treatments that made your frustrations less (such as injections, diet, or medications)?

Botox

Facial injections (filler)

Diets

Personal Trainer

Special medications or herbals (including diet pills)

Other: _____

If so were you happy with the result?: _____

5. Have you had any other cosmetic procedures (or injections)?

Breast Augmentation

Liposuction

Tummy Tuck

Breast

Reduction/Lift

Facelift

Nose reshaping

Eyelid or Brow lift

Botox

Restylane

Juvederm

Radiesse

Silicone

Other: _____ If you had a cosmetic procedure was it a positive experience? _____

6. Do you feel well informed about the different options available to you? (check if yes, circle if need more information)

Face: injections: Botox vs. Fillers Hyaluronic Acid Fillers vs. Fat Grafting

Breast: Different types of implants for augmentation Different techniques for reshaping

Body: Different techniques for body reshaping Different tummy tuck techniques

Different types of liposuction (Smart Lipo, lasers, power-lipo, ultrasonic)



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7. What research have you done to help you get information?

Internet: Google Consumer Guide to Plastic Surgery www.empowermd.com

Other web sites: _____

Keyword you used to get information: _____

Chatrooms or Blogs that were helpful: _____

Know someone who has had surgery Have had other consultations

Have attended information seminars Plastic Surgery on TV

If you did go to the internet, was the information helpful? If so please share what information was helpful to you.
ie: photos, care instructions, md credentials etc...

What questions could you not get answered from the internet?

8. Did you go to www.empowermd.com or www.charlottesommymakeover.com ? yes no

Reason for going to the website? Check out the doctor's credentials

See before/after results Listen to testimonials

Find out about a certain procedure Get directions to the practice

How could the website have helped you more? Video testimonials

Videos about the procedures More detailed information about risks

Information about recovery Cost information

9. What are your fears or anxieties about having a procedure?

I will look too different Won't be able to hide the scars

Recovery will be too painful Cost more than I can afford

No one to take care of me Spouse/partner not supportive

Other: _____

10. Are there any limitations in helping you?

Need short recovery Budget is limited Health issues may be a concern

I am alone and need help in recovery

Other: _____



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Please complete this sentence: *"From this experience I want..."*

Please write down any specific questions you want to ask at the consultation?

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____

Three key questions that must be answered before you should consider any procedure:

1. What is this procedure?
2. Is it right for me?
3. Why is Dr. Ditesheim the best for me?

If, after the consultation, you still are not clear on the answers to the above questions, please let us know.

Thank you for investing your time with us. We are here to help you
feel like "this was the best thing you ever did."